

University Hospitals Birmingham NHS Foundation Trust and Takeda¹

Disclaimer: This case study has been initiated, organised and funded by Takeda UK Ltd. The case study summarises the results of a joint working project completed in 2020 between Takeda UK Ltd and the University Hospitals of Birmingham NHS Foundation Trust.

Project Overview

The case study addresses the challenge of ADHD patients transitioning from child to adult services. By implementing a dedicated transition service and employing an ADHD Specialist Nurse, the service improved patient outcomes, reduced waiting times, and enhanced continuity of care, ensuring compliance with NICE guidelines and supporting young people before, during and after transition.

Quantitative Outcomes:

- **Increased Capacity:** addressed the demand and capacity issues allowing for more frequent patient reviews, reducing the interval from six months to three months or sooner if needed.
- **Reduced Wait Times:** The employment of an ADHD Specialist Nurse was intended to reduce RTT (Referral to Treatment) waiting times, ensuring patients with comorbid conditions were seen more promptly.

Qualitative Outcomes:

- **Improved Patient Satisfaction:** The transition service enhanced the therapeutic relationship between patients and healthcare professionals by providing more regular contact, increased school observations, personalised care, and support during the transition from child to adult services.
- **Enhanced HCP Satisfaction:** By streamlining the transition process and ensuring compliance with NICE guidelines, healthcare professionals provided more effective and coordinated care.

Before vs. After Comparison

Before: Patients were reviewed at longer intervals, and there was a risk of them falling through the care gap during the transition from child to adult services. The service faced significant demand and capacity challenges.

- **After:** With the addition of the ADHD Specialist Nurse, patients were reviewed more frequently, reducing wait times and improving the transition process. This led to better patient outcomes and enhanced continuity of care.

Key contacts

Dr Renu Jainer, Consultant Community Paediatrician. University Hospitals Birmingham NHS Foundation Trust.

Tel: 0121 746 4474. Email: renujainer@nhs.net

Rachel Maddaford, Service Development Manager, Takeda UK Limited

Tel: 07920 751672 Email: rachel.maddaford@takeda.com

¹Solihull ADHD Service full report. Available at www.pathway-optimisation.co.uk

SOLIHULL NURSE LED ADHD TRANSITION PATHWAY

